



# **Adult Development Fall 2019**

## **Monday Nights**

### **9pm to 10pm**

## **September 16 - October 7**

Adult Development is a skill based course designed for players with little to no hockey experience, or former players looking to get back into the game.

Each class has 20 minute skating drills, 20-30 minute stick handling, shooting & passing drills, and a 10-15 minute scrimmage.

**\$30 Walk on Fee**

**\$110 Clinic Card - 5 Clinics**

**\$170 Clinic Card - 10 Clinics**

**Contact Coach Nick:**  
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