



# Learn to Skate

## Spring & Summer 2019

At Danbury Ice Arena, we have a class for EVERY skater! Our highly qualified and certified instructors, small class sizes, and fun-filled curriculum will help every skater progress at his/her own pace.

Children and adults begin in a Tot 1, Pre Alpha, or Adult class and gradually progress through our secondary and advanced levels to further their skating development. All of our Learn to Skate classes include a 30 minute lesson, as well as a pass that allows the participant to skate on ANY of our public sessions for free!

### CLASS SEMESTERS SPRING & SUMMER 2019

#### WEDNESDAY:

Spring 5	April 10 – May 22	7 Weeks / \$140
Spring 6	May 29 – June 26	5 Weeks / \$100
Summer 7	July 3 – July 31	5 Weeks / \$100
Summer 8	Aug. 7 – Aug. 28	4 Weeks / \$80

#### THURSDAY:

Spring 5	April 11 – May 23	7 Weeks / \$140
Spring 6	May 30 – June 27	5 Weeks / \$100
Summer 7	July 11 – Aug. 1	4 Weeks / \$80
Summer 8	Aug. 8 – Aug. 29	4 Weeks / \$80

#### SATURDAY:

Spring 5	April 13 – May 25	7 Weeks / \$140
Spring 6	June 1 – June 29	5 Weeks / \$100
Summer 7	July 6 – Aug. 3	5 Weeks / \$100
Summer 8	Aug. 10 – Aug. 31	4 Weeks / \$80

<i>Freestyle One Hour Classes</i>	8 Weeks/\$240.00
	7 Weeks/\$210.00
	6 Weeks/\$180.00
	5 Weeks/\$150.00
	4 Weeks/\$120.00

*\*Schedule subject to change*

#### SKATE RENTAL

Skate rental passes are the most convenient way to rent skates for your class- the pass includes rental for ALL skating classes and public sessions for the semester

- ★ Passes for skate rental is \$30
- ★ Don't want to purchase the pass? Walk-on skate rental is available for \$4 per class

#### HELMETS

- ★ Skaters ages twelve and younger are required to wear a helmet
- ★ All skaters wearing hockey skates or any skates without a toe pick are required to wear a hockey helmet with a full face shield
- ★ Helmet rental is available for \$4 per class

#### MAKE-UP SESSIONS

- ★ Skaters are permitted **one** make-up class per session if room is available. Make-up classes must be arranged ahead of time by contacting the Skating Director
- ★ There are no refunds. A credit on file will be issued to those with a doctor's note

#### ADDITIONAL NOTES

- ★ An athletic waiver must be signed and the session must be paid in full before entering the ice
- ★ Classes may be combined
- ★ **Registration on the day of or after the session start date will be charged a \$25.00 late fee as of 1/1/18 no exceptions.**

#### EXTRA PRACTICE

- ★ All Learn to Skate Participants receive public session admission for FREE from the start date through the end date of the session
- ★ Enroll a skater for a second class within the same semester and receive 15% off the least expensive enrollment!
- ★ Private booster lessons are also available- contact our Skating Director for more information!!

**For more information or to register, contact us or visit us online!**

203-794-1704 [www.danburyice.com](http://www.danburyice.com) [dannon@danburyice.com](mailto:dannon@danburyice.com)

# Class Schedule

## Primary Level Classes:

The starting point for those who are new to skating or have never taken formal lessons before!!

Primary Level Classes:	Wednesday	Thursday	Saturday	Class Description
Tot 1 (Age 3½-6)	4:30 pm	5:35 pm	12:45 pm	Skaters learn the proper way to fall, proper way to get up, marching in a standing position, and marching while moving
New Skater (Age 6-12)	5:00 pm	5:00 pm	12:10 pm	The proper way to fall and get up, march across the ice, 2 foot glide and dip while moving. Rocking horse and introduction to swizzles & wiggles.
Hockey 1		5:00 pm	12:10 pm	Players learn to fall down and get up, rock side to side, jump, walk and run on the ice, forward glide, swizzles, snow plow stop and forward strides.

## Secondary Level Classes:

For skaters who have passed one of the primary level classes

Secondary Level Classes:	Wednesday	Thursday	Saturday	Class Description
Tot 2	4:30 pm	6:10 pm	12:10 pm	For the Tot 1 graduate- skaters will learn the skills of a two foot jump in place, forward swizzles, and two foot glides
Tot 3/4	5:00 pm	5:00 pm	12:45 pm	For the Tot 2 graduate- skills in Tot 3 include push and glide stroking, preparation for snowplow stops, dips, and forward swizzles
Pre-Alpha	5:00 pm	5:35 pm	12:10 pm	For the new skater graduate – skills include one foot gliding, forward and backwards swizzles, ½ pumps, push and glide stroking and snowplow stop
Adult (Age 13+)		6:10 pm	12:45 pm	Skaters will learn forward & backward swizzles, forward & backward crossovers, 1 foot gliding, forward and backward stroking, 3-turns etc.

## Advanced Level Classes:

For skaters who have completed the secondary level class sequence

Advanced Level Classes:	Wednesday	Thursday	Saturday	Class Description
Hockey 2		5:35 pm	12:45 pm	For Hockey 1 graduates – skills include stops & starts, crossovers, backwards strides, agility turning and pivoting with more emphasis on edge work and overall hockey strides
Hockey 3 (Ages 10+) Must have skating experience	4:30 pm intermediate 5:00 pm advance			For players looking to focus on techniques to strengthen skating skills. Stops & starts, crossovers, backwards strides, jumps & dives, turning and pivoting.. sticks and pucks used
Alpha	4:30 pm	5:00 pm	12:45 pm	For the Pre-Alpha graduate skills include forward stroking, forward crossovers, one foot snowplow stop, backward 1 foot glide and back pumping
Beta/Pre-Gamma	4:30 pm	5:35 pm	12:10 pm	For the Alpha graduate skills include, backwards crossovers, backwards stroking, T-stops, Backwards snowplow stop and two foot turn on a circle
Gamma	5:00 pm	6:10 pm	11:30 am	For the Pre-Gamma graduate- skaters will learn the skills of forward outside 3-turns, forward inside mohawk combos, and hockey stops
Delta	5:00 pm	6:10 pm	11:30 am	For the Gamma graduate- skills in Delta include bunny hop, lunge, shoot the duck, forward inside 3-turns, and forward edges
Freestyle			11:00 – 12:00 pm	For the Delta graduates- skills in Freestyle include spiral, waltz jump, salchow, toe loop, two foot spin, one foot spin, and scratch spin

**Danbury Ice Arena Figure Skating Department:**  
**Figure Skating Director- Dannon Haliskoe**  
 203-794-1704 dannon@danburyice.com