

# SUMMER 2019 DANBURY ARENA HOCKEY CAMPS

## Get Ready to Improve Your Skills This Summer!

Danbury Arena Hockey Camps will improve the skills of every player, no matter what their ability or experience. We emphasize strong skating skills as the foundation to everything that comes next: shooting, stick handling and passing. We also focus on the most important part of hockey, having fun!

Camp is in session from June 24 to August 23. Choose from single weeks or multiple weeks. We can accommodate every camper's needs and busy schedule. With every option you will develop your skills, have fun and create a memorable summer.

### Camp Philosophy

We require teamwork, sportsmanship and respect for others. We want to give you 100% all the time. Most importantly, we believe that hockey is intended to be fun and you'll see that in the attitude and energy of our staff every day.

### Camp Highlights

- Camp jersey and weekly prize
- Weekly Awards
- Drills catered to each child's ability
- Minimum of 3 hours per ice daily
- On and off ice activities
- Lunch program (additional fee)
- Report cards for all players
- Guest coaches

**Register Now!**  
**Camps Offered Weekly**  
**June 24th- August 23rd**



Danbury Arena, One Independence Way, Danbury, CT 06810  
How can we improve your skills in camp this summer?



### Early bird special!

Pay in full by April 15th, **\$100 off** each full day camp registration, by April 30th and receive **\$75 off** each full day registration or **\$50 off** each half day registration, by May 15th and receive **\$50 off** each full day registration or **\$50 off** each half day registration\*.

\*Not to be combined with any other offers

# 2019 SUMMER HOCKEY CAMPS



**Register Now! 203-794-1704**  
[www.Danburyice.com](http://www.Danburyice.com)

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## Director Nick Garofalo

A former AJHL and ACHA D2 player and current Head Coach Bantam A for Western Jr Colonials. Nick has developed his playing skills at Trinity-Pawling School where he competed in the renowned Founders League. Nick ended his hockey career with Western Connecticut State University, where he was captain for his senior year. Nick currently is a Level 3 USA hockey coach and current Western Bantam Coordinator.

## Guest Coaches:

- Brian Walsh: A licensed elementary teacher and a level 4 USA hockey coach, he has an understanding of how kids learn and understands that every child is different in how they learn, understand and develop as hockey players and grow as individuals. Brian is currently the Mite Coordinator for Western Youth Hockey Association.
- Mike Campbell: Level 2 certified USA hockey coach, and former captain of Western Connecticut State University. Coach Mike is a current assistant coach for the Brookfield/Bethel/Danbury high school team as well as the head coach for the Western Peewee Major team
- James McCarthy: A level 1 USA hockey coach, Coach James is a former captain of Brookfield/Bethel/Danbury high school team, selected first team all conference and state his senior year. James currently plays at University of North Carolina at Charlotte
- Sam Mitchell: Former captain of the New Fairfield Immaculate High School team. Second team all state D2 in 2016-2017 season. SWC/SCC 2015 tournament MVP
- Jake Hopcroft: Former player at Brookfield/Bethel/Danbury high school, currently pursuing a degree athletic training at University of Pennsylvania. EMT certified and recipient of the Brookfield/Bethel/Danbury high school Hobey Baker Character Award in 2017
- Nick Rhodes: Former Western Colonials and Brookfield/Bethel/Danbury high school player. Currently majoring in secondary education at Western Connecticut State University.
- Zach Conboy: Former Western Colonials player and 2015 Bantam MVP. Played Varsity for 4 years at New Fairfield Immaculate

## Guest Coaches:

- Robert Sutherland: Current level 4 USA hockey coach with over 5 years experience coaching youth hockey. Former goaltender in the GMHL (Junior A) and current goalie coach for Notre Dame West Haven.
- Joe Stefanelli: Former Western Colonial goalie, with team MVP's in both 2014-2015 and 2016-2017. Over 10 years playing experience and current goalie for the CT Chiefs Tier 2 Midget team

Additional Guest Coaches to be Announced!

## Typical Day

All full day programs include a minimum of 3 hours of ice time per day as well as off-ice training for each camper to enjoy. This balanced, multi-disciplined approach results in over 35 hours of on and off ice training each week and a better, more well-rounded hockey player.

## Off-ice activities include:

- Plyometric training
- Aerobic exercise
- Strength and conditioning
- Team building games



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## Choose your sessions

### Hockey Development Camp

- For Beginner to Intermediate Players
- Primary focus is on skating
- Basics of stickhandling, shooting & passing
- Fun drills, games, and skill development

Offered all weeks

### Travel Training Camp

- Development and improvement of all hockey skills
- High-tempo drills with game situations and strategies
- Offered for players planning to play travel hockey

Offered weeks 7 and 8

### Girls Only Week

- Emphasis on skating
- For all girls level hockey
- Work on basic to intermediate stick handling, shooting and passing skills

Offered week 4

### Explosive Power Camp

- Intense & high tempo skating drills with & without pucks
- Competitive, battle oriented drills with work on power puck moves and protection
- Improve balance, edge control, strength, speed, conditioning and backward skating
- Designed for players looking to improve their skating and puck possession skills

Offered week 3 Full Day

Offered week 6 Half Day (1:00 pm-5:00 pm)

### Battle Checking Camp For second year pee wee and above

- Checking 101
- Learn to give and take hits
- Stick & poke checks, puck control while taking hits
- Battle oriented and competitive drills

Offered week 9 Full Day

### Sniper Shooting Camp

- Development and improvement of all four shots
- Improve accuracy, speed & power of each shot
- Off ice program designed to improve core strength for a harder shot
- Quick release shooting and one-time shots
- Shoot over 1000 pucks guaranteed!

Offered week 1 Full Day

Offered week 6 Half Day (8:30 am-12:30 pm)

### Beast in the Crease Goalie Camp

- Improve all techniques and styles
- Low instructor to child ratio
- Deflections and poke checks
- Improve skating, speed & agility

Offered weeks 1, 6, 7 and 8

### Dangling and Stickhandling Camp

- Challenging drills designed to maximize each student's potential
- Improve puck control
- Competitive drills designed to motivate each student
- Off ice program designed to improve speed and agility

Offered week 2 Full Day

Offered week 9 Half Day (8:30 am-12:30 pm)

### Elite Skills

- Puck protection and 1-on-1 battles
- Improve balance and strength on skates
- Full speed puck control and movement
- Learn to play in high traffic areas

Offered week 5

Goalies in a non-goalie week may register for \$150.

Full day camps begin at 8:30 a.m. and end at 5:00 p.m., unless otherwise noted.

Ask about our multi-week and family discounts.

Ask us how you can select a week for your organization or team to train together!

Half day options and lunch programs are available.



# 2019 REGISTRATION FORM



Player's Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

Tel: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

E-Mail: \_\_\_\_\_

Name of Parent or Guardian: \_\_\_\_\_

Player's Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Current Age: \_\_\_\_\_

Circle one: Male Female Jersey Size: S M L XL XXL

## Choose Your Weeks and Sessions

Week	Total	Week	Total
<b>Week 1 June 24-28</b>		<b>Week 6 July 29-August 2</b>	
Hockey Development Full Day @ \$400		Hockey Development Half Day @ \$255	
Hockey Development Half Day @ \$255		Hockey Development Full Day @ \$400	
Sniper Shooting Camp Mite/SQ @ \$430		Beast in the Crease Camp @ \$455	
Sniper Shooting Camp PW/Bant @ \$430		Sniper Shooting Camp (Half day morning) @ \$300	
Beast in the Crease Camp @ \$455		Explosive Power Camp (Half day afternoon) @ \$300	
<b>Week 2 July 1-3 (3 days)</b>		<b>Week 7 August 5-9</b>	
(No Camp July 4-5th)		Hockey Development Half Day @ \$255	
Hockey Development Full Day @ \$230		Hockey Development Full Day @ \$400	
Hockey Development Half Day @ \$155		House League Skills Camp @ \$430	
Dangling and Stick-handling Mite/SQ @ \$260		Travel Training Camp @ \$430	
Dangling and Stick-handling PW/Bant @ \$260		Beast in the Crease Camp @ \$455	
<b>Week 3 July 8-12</b>		<b>Week 8 August 12-16</b>	
Hockey Development Full Day @ \$400		Hockey Development Half Day @ \$255	
Hockey Development Half Day @ \$255		Hockey Development Full Day @ \$400	
Explosive Power Camp Mite/SQ @ \$430		Travel Training Camp @ \$430	
Explosive Power Camp PW/Bant @ \$430		Beast in the Crease Camp @ \$455	
<b>Week 4 (July 15-19 Girls Week)</b>		<b>Week 9 August 19-23</b>	
Hockey Development Half Day @ \$255		Hockey Development Half Day @ \$255	
Hockey Development Full Day @ \$400		Hockey Development Full Day @ \$400	
Full Day Camp (Girls only) @ \$430		Battle Checking Camp @ \$430	
<b>Week 5 July 22-26</b>			
Hockey Development Full Day @ \$400			
Hockey Development Half Day @ \$255			
Elite Skills—Travel Players only @ \$430			
Goalies @ \$155			

For office use only

\$150 non-refundable deposit per week due at the time of registration. All camps subject to availability and can be canceled or combined due to low enrollment.

Method of Payment: Visa  MasterCard  AmEx  Check  Money Order

Card No.: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_ CVC Code: \_\_\_\_\_

Personal Check No.: \_\_\_\_\_ Amt. Due: \_\_\_\_\_

Dep. Amt. Pd. \_\_\_\_\_ Bal. Remaining \_\_\_\_\_

Date PIF \_\_\_\_\_

Mail to: Danbury Arena ,One Independence Way, Danbury, CT 06810  
(Make checks payable to Danbury Arena) Phone: 203-794-1704 Fax: 203-794-9679