



# Learn to Skate

## Fall & Winter 2018-2019

At Danbury Ice Arena, we have a class for EVERY skater! Our highly qualified and certified instructors, small class sizes, and fun-filled curriculum will help every skater progress at his/her own pace.

Children and adults begin in a Tot 1, Pre Alpha, or Adult class and gradually progress through our secondary and advanced levels to further their skating development. All of our Learn to Skate classes include a 30 minute lesson, as well as a pass that allows the participant to skate on ANY of our public sessions for free!

### CLASS SEMESTERS 2018-2019

#### WEDNESDAY:

Fall 1	Sept. 12 – Oct. 31	8 Weeks / \$160
Fall 2	Nov. 7 – Dec. 19	7 Weeks / \$140
Winter 3 2019	Jan. 2 – Feb. 13	7 Weeks / \$140
Winter 4	Feb. 20 – April 3	7 Weeks / \$140

#### THURSDAY:

Fall 1	Sept. 13 – Nov. 1	8 Weeks / \$160
Fall 2	Nov. 8 – Dec. 20	6 Weeks / \$120
Winter 3 2019	Jan. 3 – Feb. 14	7 Weeks / \$140
Winter 4	Feb. 21 – April 4	7 Weeks / \$140

**\*NO CLASS ON 11/22/18**

#### SATURDAY:

Fall 1	Sept. 8 – Oct. 27	7 Weeks / \$140
Fall 2	Nov. 3 – Dec. 22	8 Weeks / \$160
Winter 3 2019	Jan. 5 – Feb. 16	7 Weeks / \$140
Winter 4	Feb. 23 – April 6	7 Weeks / \$140

**\*NO CLASS ON 10/20/18**

<i>Freestyle One Hour Classes</i>	8 Weeks/\$240.00
	7 Weeks/\$210.00
	6 Weeks/\$180.00
	5 Weeks/\$150.00
	4 Weeks/\$120.00

*\*Schedule subject to change*

### SKATE RENTAL

Skate rental passes are the most convenient way to rent skates for your class- the pass includes rental for ALL skating classes and public sessions for the semester

- ★ Passes for skate rental is \$30
- ★ Don't want to purchase the pass? Walk-on skate rental is available for \$4 per class

### HELMETS

- ★ Skaters ages twelve and younger are required to wear a helmet
- ★ All skaters wearing hockey skates or any skates without a toe pick are required to wear a hockey helmet with a full face shield
- ★ Helmet rental is available for \$4 per class

### MAKE-UP SESSIONS

- ★ Skaters are permitted one make-up class per session if room is available. Make-up classes must be arranged ahead of time by contacting the Skating Director
- ★ There are no refunds. A credit on file will be issued to those with a doctor's note

### ADDITIONAL NOTES

- ★ An athletic waiver must be signed and the session must be paid in full before entering the ice
- ★ Classes may be combined
- ★ **Registration on the day of or after the session start date will be charged a \$25.00 late fee as of 1/1/18 no exceptions.**

### EXTRA PRACTICE

- ★ All Learn to Skate Participants receive public session admission for FREE from the start date through the end date of the session
- ★ Enroll a skater for a second class within the same semester and receive 15% off the least expensive enrollment!
- ★ Private booster lessons are also available- contact our Skating Director for more information!!

**For more information or to register, contact us or visit us online!**

203-794-1704 [www.danburyice.com](http://www.danburyice.com) [dannon@danburyice.com](mailto:dannon@danburyice.com)

# Class Schedule

## Primary Level Classes:

The starting point for those who are new to skating or have never taken formal lessons before!!

Primary Level Classes:	Wednesday	Thursday	Saturday	Class Description
Tot 1 (Age 3½-6)	4:30 pm	5:35 pm	12:10 pm	Skaters learn the proper way to fall, proper way to get up, marching in a standing position, and marching while moving
New Skater (Age 6-12)	5:05 pm	5:00 pm	11:35 am	The proper way to fall and get up, march across the ice, 2 foot glide and dip while moving. Rocking horse and introduction to swizzles & wiggles.
Hockey 1		5:00 pm	11:35 am	Players learn to fall down and get up, rock side to side, jump, walk and run on the ice, forward glide, swizzles, snow plow stop and forward strides.

## Secondary Level Classes:

For skaters who have passed one of the primary level classes

Secondary Level Classes:	Wednesday	Thursday	Saturday	Class Description
Tot 2	4:30 pm	6:10 pm	12:45 pm	For the Tot 1 graduate- skaters will learn the skills of a two foot jump in place, forward swizzles, and two foot glides
Tot 3/4	5:05 pm	5:00 pm	11:35 am	For the Tot 2 graduate- skills in Tot 3 include push and glide stroking, preparation for snowplow stops, dips, and forward swizzles
Pre-Alpha	5:05 pm	5:35 pm	12:10 pm	For the new skater graduate – skills include one foot gliding, forward and backwards swizzles, ½ pumps, push and glide stroking and snowplow stop
Adult (Age 13+)		6:10 pm	12:45 pm	Skaters will learn forward & backward swizzles, forward & backward crossovers, 1 foot gliding, forward and backward stroking, 3-turns etc.

## Advanced Level Classes:

For skaters who have completed the secondary level class sequence

Advanced Level Classes:	Wednesday	Thursday	Saturday	Class Description
Hockey 2		5:35 pm	12:10 pm	For Hockey 1 graduates – skills include stops & starts, crossovers, backwards strides, agility turning and pivoting with more emphasis on edge work and overall hockey strides
Hockey 3 (Ages 10+) Must have skating experience	4:30 pm beginner 5:05 pm advance			For players looking to focus on techniques to strengthen skating skills. Stops & starts, crossovers, backwards strides, jumps & dives, turning and pivoting.. sticks and pucks used
Alpha	4:30 pm	5:00 pm	11:35 am	For the Pre-Alpha graduate skills include forward stroking, forward crossovers, one foot snowplow stop, backward 1 foot glide and back pumping
Beta/Pre-Gamma	4:30 pm	5:35 pm	12:10 pm	For the Alpha graduate skills include, backwards crossovers, backwards stroking, T-stops, Backwards snowplow stop and two foot turn on a circle
Gamma	5:05 pm	6:10 pm	12:45 pm	For the Pre-Gamma graduate- skaters will learn the skills of forward outside 3-turns, forward inside mohawk combos, and hockey stops
Delta	5:05 pm	6:10 pm	12:45 pm	For the Gamma graduate- skills in Delta include bunny hop, lunge, shoot the duck, forward inside 3-turns, and forward edges
Freestyle			10:30-11:30 am	For the Delta graduates- skills in Freestyle include spiral, waltz jump, salchow, toe loop, two foot spin, one foot spin, and scratch spin

Danbury Ice Arena Figure Skating Department:  
Figure Skating Director- Dannon Haliskoe  
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