



Learn to Skate FALL/WINTER Hockey 3

Beginners and Advanced Players

Ages 10 and Up

Must have skating experience!

Beginner Hockey 3 will focus on techniques to strengthen the players skating skills. Stops & starts, crossovers, backwards strides, jumps & dives, turning and pivoting with more emphasis on edge work and overall hockey strides. This class will improve the players agility & balance. Skater will move to Advanced Hockey 3 with a recommendation from Head Hockey Learn to Skate Coordinator Steve Segiet.



Fall 1 Wednesdays

Sept. 12 – Oct. 31 8 Weeks \$160.00

Beginner 4:30pm

Advanced 5:05pm

Fall 2 Wednesdays

Nov. 7 – Dec. 19 7 Weeks \$140.00

Beginner 4:30pm

Advanced 5:05pm

Winter 3 2019 Wednesdays

Jan. 2 – Feb. 13 7 Weeks \$140.00

Beginner 4:30pm

Advanced 5:05pm

Winter 4 2019 Wednesdays

Feb. 20 – April 3 7 Weeks \$140.00

Beginner 4:30pm

Advanced 5:05pm

Advanced Hockey 3 will continue to focus on high impact skating skills and the introduction of stick handling with puck control. Players will also work on passing and shooting so they can build confidence to join and keep up with our clinics and in house teams. Players are evaluated at the end of each session by Coach Steve.

Skaters Required to wear hockey skates, hockey gloves, elbow pads, shin pads and hockey helmet with protective face mask!

For more information, Please contact Dannon at dannon@danburyice.com Or call 203-794-1704 ext. 110
Sign up online at www.danburyice.com