



# Learn to Skate

## Spring/Summer 2018

At Danbury Ice Arena, we have a class for EVERY skater! Our highly qualified and certified instructors, small class sizes, and fun-filled curriculum will help every skater progress at his/her own pace.

Children and adults begin in a Tot 1, Pre Alpha, or Adult class and gradually progress through our secondary and advanced levels to further their skating development. All of our Learn to Skate classes include a 30 minute lesson, as well as a pass that allows the participant to skate on ANY of our public sessions for free!

### CLASS SEMESTERS 2018

#### WEDNESDAY:

|          |                   |                 |
|----------|-------------------|-----------------|
| Spring 5 | April 11 – May 23 | 7 Weeks / \$126 |
| Spring 6 | May 30 – June 27  | 5 Weeks / \$90  |
| Summer 7 | July 11 – Aug 1   | 4 Weeks / \$72  |
| Summer 8 | Aug 8 – Aug 29    | 4 Weeks / \$72  |

#### THURSDAY:

|          |                   |                 |
|----------|-------------------|-----------------|
| Spring 5 | April 12 – May 24 | 7 Weeks / \$126 |
| Spring 6 | May 31 – July 5   | 6 Weeks / \$108 |
| Summer 7 | July 12 – Aug 2   | 4 Weeks / \$72  |
| Summer 8 | Aug 9 – Aug 30    | 4 Weeks / \$72  |

#### SATURDAY:

|          |                   |                 |
|----------|-------------------|-----------------|
| Spring 5 | April 14 – May 26 | 7 Weeks / \$126 |
| Spring 6 | June 2 – July 7   | 6 Weeks / \$108 |
| Summer 7 | July 14 – Aug 4   | 4 Weeks / \$72  |
| Summer 8 | Aug 11 – Sept 1   | 4 Weeks / \$72  |

|                                   |                  |
|-----------------------------------|------------------|
| <i>Freestyle One Hour Classes</i> | 8 Weeks/\$220    |
|                                   | 7 Weeks/\$192.50 |
|                                   | 6 Weeks/\$165    |

*\*Schedule subject to change*

### SKATE RENTAL

Skate rental passes are the most convenient way to rent skates for your class- the pass includes rental for ALL skating classes and public sessions for the semester

- ★ Passes for skate rental is \$30
- ★ Don't want to purchase the pass? Walk-on skate rental is available for \$4 per class

### HELMETS

- ★ Skaters ages twelve and younger are required to wear a helmet
- ★ All skaters wearing hockey skates or any skates without a toe pick are required to wear a hockey helmet with a full face shield
- ★ Helmet rental is available for \$4 per class

### MAKE-UP SESSIONS

- ★ Skaters are permitted **one** make-up class per session. Make-up classes must be arranged ahead of time by contacting the Skating Director
- ★ There are no refunds. A credit on file will be issued to those with a doctor's note

### ADDITIONAL NOTES

- ★ An athletic waiver must be signed and the session must be paid in full before entering the ice
- ★ Classes may be combined
- ★ Registration on the day of or after the session start date will be charged a \$25.00 late fee as of 1/1/18 no exceptions.

### EXTRA PRACTICE

- ★ All Learn to Skate Participants receive public session admission for FREE from the start date through the end date of the session
- ★ Enroll a skater for a second class within the same semester and receive 15% off the least expensive enrollment!
- ★ Private booster lessons are also available- contact our Skating Director for more information!!

**For more information or to register, contact us or visit us online!**

203-794-1704 [www.danburyice.com](http://www.danburyice.com) [dannon@danburyice.com](mailto:dannon@danburyice.com)

# Class Schedule

## Primary Level Classes:

The starting point for those who are new to skating or have never taken formal lessons before!!

| Primary Level Classes: | Wednesday | Thursday | Saturday | Class Description   |
|------------------------|-----------|----------|----------|---|
| Tot 1 (Age 3½-6)       | 4:30 pm   | 5:35 pm  | 11:30 am | Skaters learn the proper way to fall, proper way to get up, marching in a standing position, and marching while moving                                |
| New Skater (Age 6-12)  | 5:05 pm   | 5:00 pm  | 11:30 am | The proper way to fall and get up, march across the ice, 2 foot glide and dip while moving. Rocking horse and introduction to swizzles & wiggles.     |
| Hockey 1               |           | 5:00 pm  | 12:05 pm | Players learn to fall down and get up, rock side to side, jump, walk and run on the ice, forward glide, swizzles, snow plow stop and forward strides. |

## Secondary Level Classes:

For skaters who have passed one of the primary level classes

| Secondary Level Classes: | Wednesday | Thursday | Saturday             | Class Description   |
|--------------------------|-----------|----------|----------------------|---|
| Tot 2                    | 4:30 pm   | 5:00 pm  | 11:30 am<br>12:40pm  | For the Tot 1 graduate- skaters will learn the skills of a two foot jump in place, forward swizzles, and two foot glides                          |
| Tot 3/4                  | 5:05 pm   | 6:10 pm  | 12:05 pm             | For the Tot 2 graduate- skills in Tot 3 include push and glide stroking, preparation for snowplow stops, dips, and forward swizzles               |
| Pre-Alpha                | 5:05 pm   | 5:00 pm  | 12:05 pm             | For the new skater graduate – skills include one foot gliding, forward and backwards swizzles, ½ pumps, push and glide stroking and snowplow stop |
| Adult (Age 13+)          |           | 5:35 pm  | 11:30 am<br>12:40 pm | Skaters will learn forward & backward swizzles, forward & backward crossovers, 1 foot gliding, forward and backward stroking, 3-turns etc.        |

## Advanced Level Classes:

For skaters who have completed the secondary level class sequence

| Advanced Level Classes:                             | Wednesday                           | Thursday     | Saturday                                      | Class Description   |
|---|-------------------------------------|--------------|---|---|
| Hockey 2  |                                     | 5:35 pm      | 12:40 pm                                      | For Hockey 1 graduates – skills include stops & starts, crossovers, backwards strides, agility turning and pivoting with more emphasis on edge work and overall hockey strides      |
| Hockey 3 (Ages 10+)<br>Must have skating experience | 4:30 pm beginner<br>5:05 pm advance |              |   | For players looking to focus on techniques to strengthen skating skills. Stops & starts, crossovers, backwards strides, jumps & dives, turning and pivoting.. sticks and pucks used |
| Alpha   | 4:30 pm                             | 5:00 pm      | 12:40 pm                                      | For the Pre-Alpha graduate skills include forward stroking, forward crossovers, one foot snowplow stop, backward 1 foot glide and back pumping                                      |
| Beta/Pre-Gamma                                      | 4:30 pm                             | 5:35 pm      | 12:05 pm                                      | For the Alpha graduate skills include, backwards crossovers, backwards stroking, T-stops, Backwards snowplow stop and two foot turn on a circle                                     |
| Gamma   | 5:05 pm                             | 6:10 pm      | 12:40 pm                                      | For the Pre-Gamma graduate- skaters will learn the skills of forward outside 3-turns, forward inside mohawk combos, and hockey stops  |
| Delta   | 5:05 pm                             | 6:10 pm      | 12:40 pm                                      | For the Gamma graduate- skills in Delta include bunny hop, lunge, shoot the duck, forward inside 3-turns, and forward edges   |
| Freestyle   |                                     | 5:30-6:30 pm | Spring 10:20-11:20 am<br>Summer 10:50-11:50am | For the Delta graduates- skills in Freestyle include spiral, waltz jump, salchow, toe loop, two foot spin, one foot spin, and scratch spin  |

**Danbury Ice Arena Figure Skating Department:**  
**Figure Skating Director- Dannon Haliskoe**  
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