



# WINTER 2019



# ADULT DEVELOPMENT CLINIC

## MONDAY'S

January 7<sup>th</sup> – March 25<sup>th</sup> 2019

9:00 – 10:00 PM

Adult Development is a program skill-based, course designed for players with little to no hockey experience or former players looking to get back into the game. Focus will be on enhancing skating technique and learning the fundamentals of the game, team play and positioning.

Each class has 20 minute skating drills, 20-30 minute stick handling, shooting, pass drills and a 10-15 minute scrimmage.



\$30.00 Walk on fee  
\$110.00 Clinic Card—5 Clinics  
\$170.00 Clinic Card—10 Clinics



For more information contact Nick at (203) 794-1704 or [ngarofalo@danburyice.com](mailto:ngarofalo@danburyice.com)

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